

# Federica Darlen Remondi's profile

Updated on May 2015

## Personal details

Born in Milan on the 27th April 1973, she's a firstborn.

## Academic studies

She got high school degree in **1991**, in Milan (Liceo Artistico U. Boccioni – 52/60). She continued with a supplementary year.

She graduated in History Of Contemporary Art in **2000** in Bologna (DAMS – Comprehensive final grade: 110/110 cum laude).

## Professional expression

**2000-2002:** in Milan, Trieste, Piacenza. She was called as a historical-reviewer consultant and scientific curator within thematic exhibitions in "Graphical Arts and Cultural Affairs and Fine Book Publishing" (catalogue editing, exhibitions, cataloguing, inventory unpublished, press conferences).

## Work experience

**2000-2005:** her activities consist of events organisation ( conferences, fairs, promotions and team coordination) in many operative offices of agencies of communication and advertisement.

**2005-2007:** in Genova she managed and restored the commercial area in the food industry branch of a small company (producing natural flavour)

## The awakening

August **2006:** in Gubbio, during a Raja Yoga seminar, she contacted her spiritual self for the first time in this life. Since then her existence has evolved with a big and revolutionary transformation.

## Education and inner growth

In 1996 she started to get familiar with herself through the reading of the psychosomatic "illness" through the Omeopathy and the Homotoxicology medicine. Her big and fascinating journey in her Being and her own human history goes on: she left her job and she dedicated herself entirely to the spiritual pursuit.

## 2006-2007

- Raja Yoga, Brahma Kumaris (Milan, Bologna, Gubbio) – training and meditation
- Ananda Yoga, Ananda (Milan, Assisi) – educational seminars, meditation and yoga

She became vegetarian.

In May 2007 she mets Joël Ducatillon, she began to go through the Diamond Water and the quantum technology of PMT (Pyramidal Memories Transmutation) and gradually she reaches a great consciousness of her assignment. In November she became PMT operator.

In Italy she took part to some congresses, conventions, conferences with topics as evolution and development of the human potential and the inner consciousness.

## 2007-2009

- Istituto Alkemia (Milan) – School of Counseling in Psychosynthesis and Naturopathy;  
She did the first and second year, she took written and verbal examinations
- She obtained the 1<sup>st</sup> Reiki level, Usui style (Vigevano – PV)

## 2008-2010

- AwaHoshi Kavan (Assisi, Reggio Emilia, Gubbio) – Guide and teacher of ancient spiritual knowledge and of science and technology of sound;
- Sound Healing with the Crystal Bowls (Levels 1, 2 and 3)
- Chakaruna (many seats) – Sweat Lodge and Shamanism;

## 2012

- Chakaruna (many seats) - Sweat Lodge and Shamanism;
- AwaHoshi Kavan (Bali) – she finished the education in Sound Healing;
- Ginette / Domenico Panaccione (Campagne, FR) – She took part to a Sound Healing's seminar
- Peter Goldman (Locarno, CH) – She took part to a course with Diapason “Il Disegno dell'Anima”.

## 2013

- School of Ecopsychology (Lecco) – with Marcella Danon
- The New Birth: cellular regeneration's training (Ioana Morange)
- Educational training in Sound Healing, with Awahoshi (Austria)

## 2014

- Tutorship in the School of Ecopsychology (in Lombardy)
- **Diploma in Sound Healing** with Cristal Bowls, with Awahoshi (Austria)
- Peter Goldman (Locarno, CH) – she took part in a Diapason's course ( 1<sup>st</sup> and 2<sup>nd</sup> level)

## 2015

- **Ecotuner's Diploma** School of Ecopsychology
- Peter Goldman (Caprino Veronese) – Psycho-spiritual therapies (refresher course)

During these years she took an interest in Cabala, she's got an angelic initiation and she got also the Karuna Reiki.

She took part in a course that introduced herself to the Tarots' Archetypes of Marseille.

She incentivizes partnership and exchanges of know-how with other holistic disciplines: Theta Healing, Soul Voice, Evolutive Chrystal Therapy, Chinese medicine, Karmic Astrology.

Especially she intensified her own activity, travelling around the North and the centre of Italy and the Cantone Ticino (Switzerland), meeting many people both individually and in group.

### **Conferences from 2008 to these days (many seats)**

- “The Water of Fire. The water and the shapes of the sacred geometry”
- “The Diamond Water and the Water made of Light in the structural, in the emotional, in the spiritual”
- “Vibrations. The Sound of Crystals and the Cosmic Waters”
- “ Listening to Yourself. A sensorial and emotional experience, looking fo the contact with your own body through your own sensations”
- “ The light in the body. The vibrational waters: how to make our emotions sacred”
- The Diamond Water and the PMT (Pyramidal Memories Transmutation)”
- Listening to the heart. The pure vibration”
- “Mandalaluce. The Creator Being: how to identify yourself in an energy generator pure of Light creating our own Mandala in a conscious way”
- “The healing power of essential oils, regarding the 7 chakras chart”
- “Activation of the 12 chakras of the New Era”

### **Seminars from 2009 to these days (many seats)**

- “The meditative dances of the 4 Elements and the Medicine Wheel” (co-run)
- “The seven steps to consciousness. The inner rainbow of the 7 chakras”
- “ Sound meets Colour and love comes”
- “Trance-Dance” (co-run)
- “Initiation to Higher Chakras: from the #8 to the #13”
- “The awakening of the Rainbow Consciousness”
- “The Star of the 5 Elements”
- “The Galaxy”

### **Meditation's meetings from 2009 to these days (many seats)**

- "The Rainbow Bridge with Mother Earth"
- "Detachment from the body, from emotions, from the mind"
- Medicine Wheel for the Equinox of Spring and Autumn, for the Solstice of Summer and Winter
- "Make your emotions sacred"
- "Father Fire and Mother Water: essential oils and waters of light"
- "The mantras and mudras of 7 chakras"
- "Transformational Concert"
- "Living our Crystal Essence"

### **Meetings' organization for some holistic operators**

- "Italian Tour" – Awahoshi
- "Stellar magnetic identity of the Soul" – Ayad
- "Removal and integration of the encounter point and of the new Chakras" – Ducatillon and Duchaine
- "Decode-Action" – Ducatillon and Duchaine

### **Other realizations**

#### **graphic publishing**

2009 Calendar (concept and photography); Annual calendars: 2010, 2011, 2013, 2014 and 2015 (concept and text).

#### **musical publishing**

CD "Rising Sun – rainbow sound" 2014

Today Federica is a holistic operator who follows her own path of free expressive research. She goes ahead with the project of the expansion of the consciousness through the thin energies to a brotherhood of Light.

She does her best to supply instruments for the development of the consciousness and the human potential: as art-therapist she uses her technical know-how helping people in their exploration of their own creative universe; as music-therapist she makes people experiment audio frequencies, through the sound of the crystal bowls and guided visualizations.

She uses techniques connected to psychology, shamanism, the natural medicine, the humanistic disciplines spreading her teaching; she teaches at seminars, meetings, educational conferences. She diffuses the spiritual knowledge of the oriental and occidental traditional Teachers, in order to allow each person to recognize their own identity so that they can take their own nature back. Her own bent and respect to nature and the child's world, take her to new goals of inner transformation; this is going to be developed with the degree of ecotuner in the school of Eco-psychology.

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